



Turn Back Time



799 Central Avenue, Suite 260
Highland Park, IL 60035
847-681-8700

Spring 2007 Newsletter

Hello all! Before you know it, the weather around here may actually warm up and we need to be prepared!

New Relationship

We have joined forces with Equinox Fitness, Highland Park. We believe that feeling young starts with good nutrition and exercise. We are particularly impressed with the individualized program that is offered at Equinox and encourage you to go to the gym to pick up your complimentary one week pass.

New Programs

COMPLIMENTARY COLORSCIENCE MAKEOVERS every Friday

Colorscience Micronized Mineral Make-up uses the purest minerals, which are free of talcs, dyes, perfumes, and alcohol. Colorscience Mineral Make-up is the only make-up line endorsed by Dr. Obagi, founder and creator of the Obagi NuDerm System skin care line. It's great for all skin types. Please call **847-681-8700** to schedule your complimentary makeover appointment with aesthetician, Denise today. She will show you how easy the products are to use and you will see how great you look using make-up that's actually good for your skin.

We have partnered with Obagi for an exciting new program. All of our existing clients using Obagi skin care will receive a discount card. Each time you refer a friend who purchases Obagi product, you will receive a \$50 stamp on your card. In addition, for each \$50 of Obagi products you purchase, your card will be stamped. For example, if you purchase \$200 in Obagi products, you receive 4 stamps. When your card is completely stamped, you will receive 20% off your next Obagi purchase!

New Products

The Obagi CLENZIderm M.D. system is an easy 3-step program clinically proven to quickly reduce stubborn acne or "hormone" related blemishes. This once a day non-prescription program is great for both **teens** and **adults** with acne. Obagi CLENZIderm M.D. is the only acne treatment with a liquid form of benzol peroxide that penetrates the pores immediately to eliminate P. acnes bacteria, remove dead skin buildup, and decrease excess oil. Please call us at *Turn Back Time* to schedule a complimentary consultation today to see if Obagi CLENZIderm M.D. is the right program for you.

Sclerotherapy

Do you hate those veins in your legs? **GET THOSE LEGS looking HOT for shorts!** Sclerotherapy is the technique of injecting a solution into a varicose vein using a small needle. The solution used irritates and destroys the inner lining of the blood vessel so it becomes "sticky", allowing the vein to collapse and scar shut. This does not harm the circulation rather it improves the circulation by redirecting the blood back to the deeper veins. What we are accomplishing is the elimination of the unnecessary blood vessels. Call us today to book your complimentary consultation, **847-681-8700**.

Laser Information

Hair Removal

With warm weather and spring break rapidly approaching, those of you interested in Laser Hair Reduction should be scheduling your appointments now. It can take many months for hair removal to be noticeable. Call us today at *Turn Back Time*, **847-681-8700** to schedule a complimentary consultation.



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Laser Information (cont.)

Actinic Keratoses or Pre-Malignant Skin Lesions

Some of you may not be aware of the fact that we treat Actinic Keratoses, which are pre-malignant skin lesions. Traditional treatments involve applying either a chemotherapy (Effudex) or anti-viral (Aldara) drug to the skin. Effudex is applied twice per day for 2-4 weeks and Aldara is applied twice per week for 16 weeks. During this time the skin can become very painful and red.

At the Spa, the treatment we perform is called Photodynamic Therapy. This procedure involves applying a medication (Levulan) to the surface of the skin and letting it stay on the skin overnight. The following day, you return to the Spa to have a light treatment on the skin. Typically, individuals are red for about 3-5 days after treatment, which is much shorter than the traditional treatment. Most people require 2-3 treatments every 4 weeks and may need to use Aldara to treat more stubborn spots. A great benefit of Photodynamic Therapy is, not only do we rid you of pre-malignant cells, but you receive a free "Skin Rejuvenation" treatment! If you think you may have this problem, call **847-861-8700** to schedule a complimentary consultation.

Acne

Photodynamic Therapy is also used to treat active acne. The only difference is Levulan is applied for a shorter period of time. For this, we use our Aesthera unit, which just received FDA approval for use in treating acne.

Aestheticians

For those of you who do not know our terrific Aestheticians, let us introduce you to them.

Aestheticians (cont.)

Bonnie Kerman trained at the National Aesthetics Institute. Her training in Medical Aesthetics enables her to utilize a variety of chemical and herbal peels, in combination with microdermabrasion, cosmeceutical, and pharmaceutical grade skincare products. Bonnie treats a variety of skin types and conditions with great success.

Denise Sepulveda brings with her a medical background and youthful approach to the art of aesthetics, and make-up application. She specializes in anti-aging skin care; including hand and body treatments, as well as camouflage make up. She received her training at the Pivot Point Academy and the Conservatory of Aesthetics. She is also involved in the Look Good, Feel Good Program of the American Cancer Society and the Rosacea Foundation.

Continuing education is very important to Bonnie and Denise, and you can feel confident that they stay up to date with newest treatments and breakthroughs in the skincare industry.

Referral Program

Turn Back Time is continuing to honor our existing clients for referring their friends and family. For every person you refer that completes a treatment or procedure, you will receive a \$25 gift certificate to be used toward your next treatment or procedure of \$250 or more. The more people you refer, the more gift certificates you will receive.

Remember to check our website at

www.turnbacktimemedispa.com for our monthly specials.

We look forward to serving your needs this year and wish you a healthy, emerging from the cold winter weather!

Your Team at *Turn Back Time Medispa*